



ST PAUL'S ANGLICAN COMMUNITY, MANLY
Lent One 9th March 2025

ST PAUL'S NEWS

JESUS CHRIST | SPIRITUALITY | COMMUNION | TRADITION

WELCOME

At St Paul's "we love because God first loved us" (1 Jn. 4:19).

We believe in the inherent goodness of all people - that the divine dwells at the heart of all living things. We believe the whole world is sacred and so we seek to celebrate God's presence among us with joy.

As such, we are committed to the spiritual growth and wellbeing of all who seek a place to belong.

St Paul's is an inclusive church, welcoming all and offering equal opportunities for those seeking an authentic spiritual community.

Rev Andrew Cooper - Parish Priest

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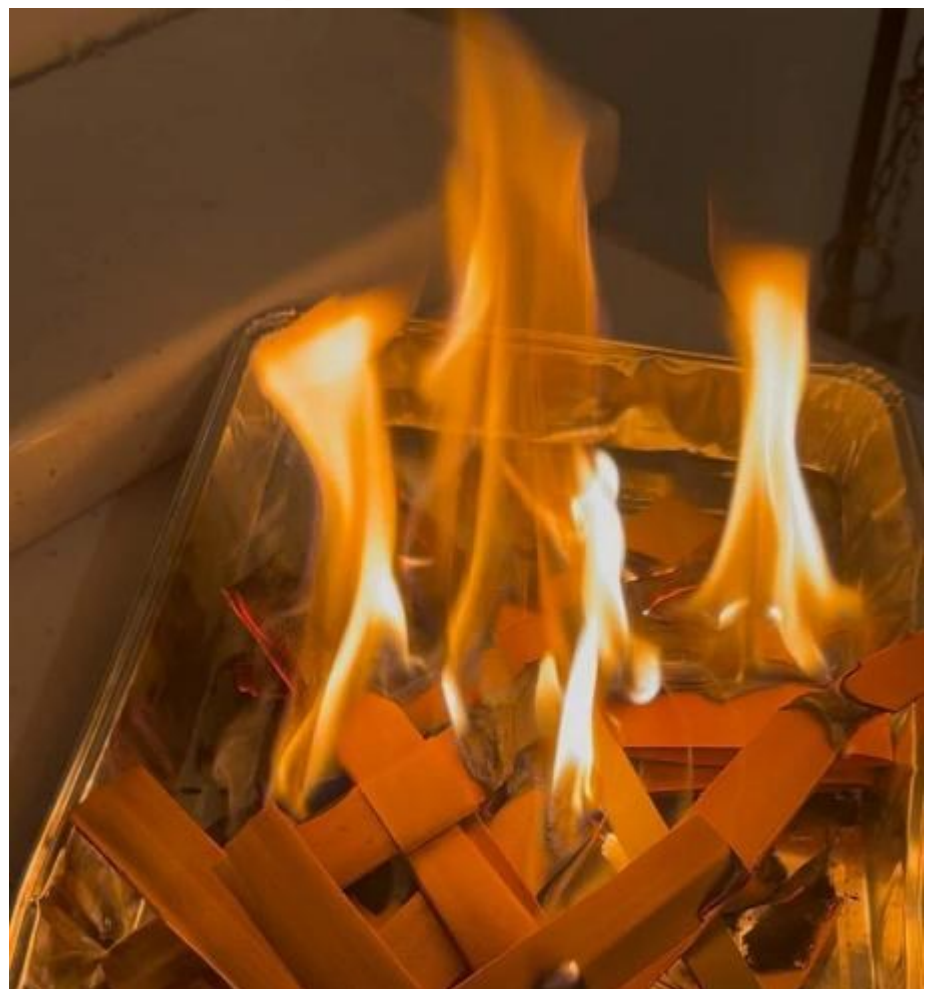


We acknowledge the traditional custodians of this land, the Quandamooka people and their elders past, present and emerging. We honour the connection the traditional custodians have with this land.



- Lent Stuff
- People Stuff
- Doing Stuff
- Remembering Stuff

Hope from the Ashes!



Ash Wednesday starts with a fire of love.

All thanks to our own Helen Collins who passed on the Palm Crosses she has collected over years of Palm Sundays. Fr Andrew was able to release his inner pyromaniac and burn these beautiful tokens of faithfulness and their poignant reminder of how we can turn from acclamation to accusation so quickly. It was beautiful to gather with Helen and 20 or so folk from St Paul's and E M Tooth residents for our Ash Wednesday Service and offer our hopes and fears for healing... with Cyclone Alfred looming! Many thanks to Lifestyle Coordinator Elizabeth who encouraged residents to come and for the list of folk Fr Andrew was able to visit with ashes in their rooms. A chance to make some new friends in prayer.

St Paul's Anglican Community, Manly gathers for worship every Sunday at 9.30am in the Chapel, Lota House 162 Oceana Terrace, Lota. We welcome you!

Community Matters

Why do we do that? LENT Stuff.

Lent is a 40 day season of prayer, fasting, and almsgiving. During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting.

Fr Andrew writes:

Our Tuesday Morning Discussion and Reflection Group had a few questions about Lent traditions and practices... Apart from boring them rigid with expansive history lessons, I was able to share a few pearls of experience if not actual wisdom.

Why is the altar stripped bare and our candle sticks gone!

Different churches... and priests... have different traditions around church decorations in Lent. I like to pare things back and keep things simple. We traditionally don't have flowers but plants give a hint of life. I love to emphasize the bare stark wood of the altar and the simplicity of glass, natural elements and plain candles. Sometimes I've gone all out and created a desert landscape with rocks, sand and bare dead branches. Sometime we even step away from the purple and use plain hessian or rough natural cloth as our Lenten Array. Cyclone Alf has kept it simple so far but who knows what might evolve over the next few weeks. The change also means that on Easter Sunday we return with our beautiful brass, lace and linen fresh and clean to celebrate the resurrection with flowers and white and gold.

Why are the crucifixes veiled already? Again, this varies from church to church, and some places remove their crosses and pictures completely to emphasise the wilderness/desert aspect of Lent and also help the story telling. We are travelling to Jerusalem with Jesus and His time has not yet come. It helps make the Passion Narrative alive on Good Friday too. The veiling also has the effect of hinting at what is to come and of course stimulate questions. The purple we are using at St Paul's is the liturgical colour for Lent and often symbolizes royalty and spirituality.

Why has Fr Andrew got black sticks on his Lent stole? The stole for Lent was made by my wonderful friend Yvonne in Gympie. She made the blue silk felt to symbolize the waters of life springing from the desert at the bottom but wanted to show hope springing from destruction in a different way. This came home to me when I was in the northern hemisphere where Lent happens while Spring unfolds after the depths of winter. Here in Australia Lent follows the heat and in much of Australia, dryness of summer... and particularly the bush fire season. In Lent, rain refreshes the earth and after a fire, the black charred Eucalyptus send up their bright red shoots of regeneration. I love that as a more local expression of the triumph of life over death. I am going to have to get my head around the subtropics though... any suggestions for suitable imagery?

What are you doing for Lent? I really encourage you to take time to get immersed in Lent. You could give something up... fasting is good. I'm taking something on. I do use social media for all its problems but some folk give it up for Lent as a discipline... the doom and gloom can impact our mental health even. I've decided to commit to creating a more positive culture by posting something life giving each day... simple things like something I am grateful for or a flower in the garden. Something that says life, hope and love are still possible even in the darkest of times. I've invited my Facebook friends to join me in Lenten Hope. You may not use social media but is there a way you can share something positive each day? Maybe call someone and share a joy with them. Maybe collect an interesting leaf or stone and make a wee cairn in the garden. Pick a flower and put in a small vase at the kitchen sink. Light a candle and hold a face you see in the street or on the news in prayer. Join a Lent reflection group!!!! Simple things that remind us that God is good and His plans for us are life and hope.



There's more to think about as Lent unfolds. Be blessed!



A Special Anniversary for Audrey Dickie.

It has been a pleasure for us and even more so for Audrey Dickie to have her son Bruce from Melbourne staying for the last few weeks.

We all know how precious time with family members is, especially when they live so far away. It was great that Audrey exerted her lovely gentle influence and managed to get Bruce to join us at the Chapel each of the Sundays he was visiting.

Last Sunday was special as they remembered Audrey's Husband John on the sixth anniversary of his death. The beautiful red and white flowers were a fitting tribute. Photographer Sandra says Audrey and her family were great supporters of our former Memorial Garden and John's ashes were buried there. We look forward to the time we can display the memorial plaques again.



Safe travels back to Melbourne, Bruce. We all hope to see you again soon.

THE LONG WALK FOR WATER

Currently, 292 million people walk more than 30 minutes to collect water. To show my compassion for those living in poverty, I'll be taking on The Long Walk for Water and walking every day this Lent for communities in need.

Support me today

Donate to my fundraiser and help bring clean water to communities around the world. And change lives forever.

Donate online here:



1. Scan the QR code
2. Search for my name
3. Donate today!

fundraise.projectcompassion.org.au



fundraise.projectcompassion.org.au/chris-rohde



Caritas AUSTRALIA | PROJECT COMPASSION

0800 970 626 000

Chris is doing his bit for the People of God in Lent.

Here's a wonderful example of taking something ordinary and usual... the daily walk... and turning it to an even greater good. As well as his usual gaming, work hours, gardening and parish council commitments, Chris is taking on something really positive for Lent.

During Lent Chris Rohde will walk 30 minutes a day (20 hours in total) to help raise funds to help bring clean water to communities around the world.

Chris says: Currently, 292 million people walk more than 30 minutes to collect water. To show my compassion for those living in poverty, I'll be taking on The Long Walk for Water and walking every day this Lent to help communities in need.

Your support is appreciated. You can scan the code on the left, use the link or go to the Project Compassion Website.

<https://fundraise.projectcompassion.org.au/chris-rohde>



St Paul's Northern Branch Opens At Last!

Our missionaries to the northside, Phyl and Col share their news. Look at our new free B and B... I mean their new home!

Phyl writes: We would like to take this opportunity to say a very sincere thankyou for such a beautiful Farewell on January 12th at the Lota House Chapel. Your fantastic and amazing gift of our photographic canvas is a perfect

way of recording our many years with you all at St Paul's. It will hang in our hall for us to see every day.

We would also like to thankyou for your wonderful generosity in providing the Bunnings gift cards. These have been well used to purchase some indoor and outdoor mats, as well as a small set of shelves.

Col and I are settling into our lovely new home well, and are seeing an end in sight to organising the huge number of boxes and other gear that came with us!! We have met our neighbours around us and also quite a few in our street too. Everyone is very welcoming!

We are now on the Freshwater Anglican Church roll, and (Rev) Claye is in the process of updating and renewing my LA licence. The 8.30am Contemporary Holy Communion service is well attended by families and older folk and everyone seems very friendly. They have a 4-5 piece band with a couple of vocals, and Claye takes the lead on his guitar for one of the final praise songs. A rather musical affair!!

Please feel free to call us and organise a visit, meal, coffee etc; or just pop in en route elsewhere. We are only a couple of kilometres off the highway, although we don't hear it. We look forward to seeing some of you whenever you get an opportunity.

With beautiful memories and treasured friendships, We send our love and may our Lord shine His face upon you, now and always,

Phyl and Col.



Rev Claye in full swing at Freshwater Anglicans... Rev Andrew won't be following suit despite the inspiration. He's better at just pointing at Bev!



Expression of Interest Sign up at the back of the Chapel

St Paul's is conducting Lent reflection and discussion on the following days:

- **Tuesdays 9.30 a.m.** except March 25th @ Chapel
- **Tuesdays 7 p.m.** via Zoom on March 11, 18, 24, April 1st.
- **Lent Quiet Afternoon on 29th March, 1.30-5.30 pm** (Venue TBC)

Tuesday Evening Zoom Gathering

You can use the Zoom link for our Sunday Worship

Or

Meeting ID: 929 1085 5979

Passcode: 414242

Car Boot Sale Energy and Effort.

Ailsa Gill was living the axiom "Why have a dog and bark yourself." when organising set up and pack up at the parish car boot sale last Saturday. Chuffed to have all her boys in one place, Ailsa called on their collective muscle to get things organised while Robyn and her crew enjoy a Saturday off and a trip to Yvonne's 100th.

Mr Gill Senior was lurking close by carefully checking the tools he had donated from his commodious shed went to loving and trustworthy homes. However, sons Jonathan from Yepoon, Robert all the way from Canada and local Anthony from just around the corner took a break from day trips, having opinions with their mum and dad and reminiscing to help us out. Robert apparently has even done most of the cooking while he visits for a few weeks. Again, another precious gift of family time.

We were chuffed to have Amanda helping out, the Rohde Coffee Roadshow and a fabulous smiling drop in from the Austins. The usual books and plants were a hit and there's always something intriguing among the bits and pieces. Fr Andrew walked away with a lipstick plant and a neat little cut glass lemon juicer that will be very handy for the G and T's. A sunny morning that raised over \$300 for our ministry.

Thank you all for the time and effort you all put in!

We will be at the St Peter's Car Boot Sale next weekend cyclones permitting!



Tatters and Chatters... WE WILL TRY AGAIN!!! THURSDAY 20th March

From March Tatters and Chatters will have a new place and time.
Wynnum Library Meeting Room from 2pm -4pm

Our first attempt was cancelled due to Cyclone Alfred... but we will persevere!

[Chat to Bev and Robyn for more details](#)

Scripture Readings: Lent One

Deuteronomy 26:1-11; Psalm 91:1-2, 9-16;
Romans 10:8b-13; Luke 4:1-13

Next Week: Lent Two

Genesis 15:1-12, 17-18; Psalm 27;
Philippians 3:17 - 4:1; Luke 13:31-35

For your prayers:

- ◆ The Anglican Church of Canada
- ◆ The Diocese of Canberra-Goulburn
- ◆ The Parish of Boonah-Harrisville
- ◆ Ministry with the Medical Fraternity
- ◆ St Aidan's Anglican Girls' School, Corinda
- ◆ **Yvonne, Coralie, Richard, Ann, Bruce, Judi, Brad, J and J, Chloe and Family, Doreen, Shirley, Maggie, Val, Ella, Shirley, Vivien**

We give thanks for the life of Andy Tame on his anniversary and hold Shirley and family in prayer.

A Prayer When We Feel Anxious

God of grace,
Help us to be prepared but not anxious,
To be aware but not desperate.
Help us to be vigilant, but not in fear,
And joyful, but not clueless.
May we be faithful and not careless.
In all things, God, be our hope
and our strength.
Through Jesus Christ we pray.
Amen.

(adapted from a prayer by Fr Goyo, shared by SSA Brisbane)

What's On

This week

Monday 9.30 EM Tooth Worship Service, Activities Room
Tuesday 9.30 Bible Reflection and Discussion @ Chapel
Tuesday MU Diocesan AGM @ Ipswich
Tuesday 7-8.30 Zoom Lent Reflection Group
Wednesday 2pm EM Tooth Residents' Eucharist @ Chapel
Wednesday 7pm Men's Ministry, Wynnum
Sunday 9.30 Parish Eucharist, Lota House Chapel

Coming up in March

15th St Paul's Stall at Wynnum Care Boot Sale
20th Tatters and Chatters 2pm-4pm @ Wynnum Library
23rd MU Wave of Prayer
25th MU Lent Quiet Morning 9.30am
26th MU Lady Day Cathedral
30th Mothering Sunday and MU Collection

Look for Lent Study Times Inside!!!

Please let Fr Andrew know of any upcoming events.

EM Tooth Residents' Holy Communion Service

2nd Wednesday of the month @ 2pm in the Chapel.



All are welcome to join this monthly, mid-week service especially for our residents, family and friends.

A simple, shorter, traditional Anglican service of Holy Communion with Reverend Andrew from St Paul's, open to all.



Parish Council Meeting

This Sunday after the service!
Please pray for our work.

You're invited to have a stall at

ST PETER'S CAR BOOT SALE

86 Bride St Wynnum
\$15 per Site + \$5 per table
**SATURDAY 15TH MARCH
8AM - 1130AM**

FOR BOOKINGS PLEASE CONTACT
0493 145 893

We will be there!

Support our Ministry

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www.stpaulsmanly.org

