



ST PAUL'S ANGLICAN COMMUNITY, MANLY
1st December 2024

ST PAUL'S NEWS

JESUS CHRIST | SPIRITUALITY | COMMUNION | TRADITION

WELCOME

At St Paul's "we love because God first loved us" (1 Jn. 4:19).

We believe in the inherent goodness of all people - that the divine dwells at the heart of all living things. We believe the whole world is sacred and so we seek to celebrate God's presence among us with joy.

As such, we are committed to the spiritual growth and wellbeing of all who seek a place to belong.

St Paul's is an inclusive church, welcoming all and offering equal opportunities for those seeking an authentic spiritual community.

Rev Andrew Cooper - Parish Priest

Contacts

PARISH PRIEST

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PRIEST'S WARDEN

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www.stpaulsmanly.org



We acknowledge the traditional custodians of this land, the Quandamooka people and their elders past, present and emerging. We honour the connection the traditional custodians have with this land.



- MU End of Year Doings
- Hello from the Hills Family
- Lots of Advent Adventure Opportunities
- Tatty Chatting End of Year

A Savvy and Sassy Set of Servants!



Last Sunday we gave a special blessing to Heidi Frier as she steps down from her significant role as our Community Coordinator and Liaison with E M Tooth Memorial Home.

We remembered that many amazing men and women have served in all sorts of paid and unpaid capacities with the life of the parish and sometime we may have missed acknowledging them properly when their ministry has come to a close. So we blessed Heidi as she moves into new challenges and joys, not just for herself but as a symbol of all who contributed time and talent to bringing the Gospel of Jesus alive in this place.

This pic snapped by crack photographer Stephen Hall shows just some of the amazing folk who have all served and continue to serve. These folk were responsible for a heap of the small logo symbols we placed on our Tree of Service at Thanksgiving Sunday a few weeks ago.

We are so proud that St Paul's is service focused... not just for our own benefit but for the benefit of all God's people.... In big and in little ways. A blessing indeed!

St Paul's Anglican Community, Manly gathers for worship every Sunday at 9.30am in the Chapel, Lota House 162 Oceana Terrace, Lota. We welcome you!

Community Matters

MU draws community together to give the vulnerable a Voice



Mothers Union Manly Wynnum Branch draws the year to a close with a big effort to raise awareness of the impact of family and gender based violence with participation in the world wide 16 Days of Activism we wrote about in this newsletter last week.

While small locally our MU voice is mighty when joined with so many other organisations worldwide to speak out against the awful statistics around gender based violence. President Ailsa Gill represented our local ladies at the launch service for our diocesan involvement last Monday at St John's Cathedral and it was so important to see us take our place in a strong public way. We are also sharing a daily reflection point on our parish Facebook page and have material available for anyone who would like a printed copy.

On Tuesday we gathered for the last monthly MU Eucharist and meeting for the year. Fr Andrew took elements from the MU 16 Day of Activism resources including a selection of powerful scripture passages, a gospel expansion and special prayers written by women from around the world.

After the compulsory cuppa, Fr Andrew led the ladies, ably assisted by warden Rob Wilson on Tech, in a conversation titled Dealing with the Big Things in the World. It was heartening to see how engaged our ladies are in things beyond our small community but also to consider how we manage when it all just get too overwhelming. This beautiful quote from the Talmud below formed part of our thinking about helping manage our feelings when things seem so hard.

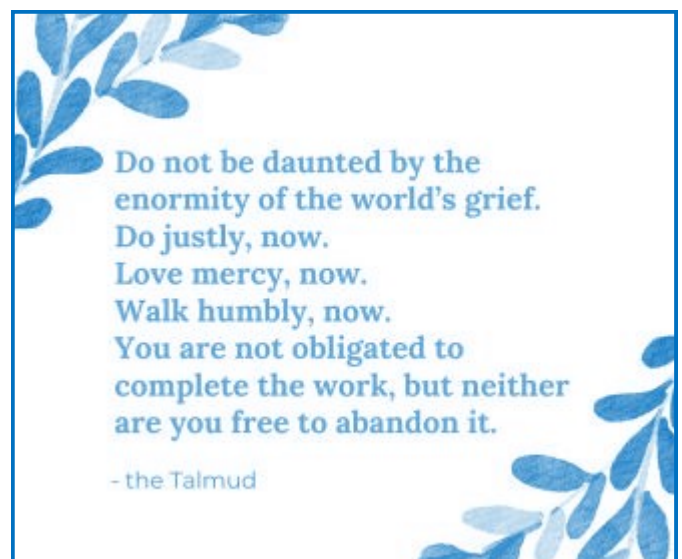
We shared *6 Ways to Cope When the World Seems Overwhelming* by writer Lisa Manca... we can share our handout with more information... just ask one of the MU members. The useful tips were...

- 1) Give yourself permission to unplug from social media and the news.
- 2) Make space and time to feel difficult emotions instead of tucking them away.
- 3) Spend time in nature.
- 4) Move your body.
- 5) Reach out to loved ones for support.
- 6) When in doubt, breathe.

<https://www.lisamanca.com/blog/6-ways-to-cope-when-the-world-seems-overwhelming>

Of course, our end of year gathering always taps into the ladies' great sense of fun and celebration. Val Cooke led a fun baking based quiz with chocolate treats for the wise ones. Who knew there were so many different types of cake.... And of course given the culinary wisdom present some wonderful suggestions of cakes many had never heard of. The morning ended with a celebratory Pizza lunch with all tastes catered for.

MU Manly Wynnum has had a great year and we appreciate President Ailsa Gill and her leadership team for all they do to keep the vision of Mary Sumner alive in our patch. We gather again in 2025.





Some festive faces at the MU end of year and Christmas gathering. Lots of tasty treats and Pizza to feed the soul in so many ways!



Our MU group has a great Wynnum contingent including Ana, Alison, Mary and Beryl



Manly Wynnum MU banner proudly on display at St John's Cathedral for the launch of the 16 Days of Activism project

Tatters and Chatters

Everyone is invited to the Tatters Christmas breakup on Thursday 5 December. Please bring a plate filled with some goodies to share. This is our last catchup for 2024.

We'd also like to thank everyone who has attended during the year. Sometimes we've had 4 people, others we've had 10. It's been a rewarding year with much chatting, laughter and sometimes we found time to actually do some craft!!

Looking forward to seeing you on the 5th and further into 2025. First meeting will be Thursday 6th February.

End of Year CELEBRATION

Hello from the Hills Family

It was a privilege for Fr Andrew to gather with Nancy and Graham Hills' family to say the final goodbye as they interred both Nancy and Graham's ashes in the beautiful gardens at Mount Thompson. Neil, Paul, Sheryl and Kathryn wrote that they deeply appreciate the love and compassion shown by the parish.

"Faith in the church and Jesus Christ was an integral part of their lives together and will continue now that they are together again."

Rest in Peace, Nancy and Graham.



Blessing of Nativity Sets

First Sunday of Advent
1st December 2024



A Nativity Set is a lovely way to bring alive the beautiful story of the birth of Jesus. You are invited to bring any stable scenes to our 9.30 service.... old, new, posh, handcrafted, small or large or anywhere in between. You might like to make or purchase one to give to friends or family.

We will display them, admire them and pray a special prayer of blessing as we send them back home to bring the joy of the birth of Christ to your decorations.



Tingalpa Chapel

PRESENTS

Jingle & Mingle

7 DEC | 5PM TO 7PM
1321 WYNNUM RD TINGALPA

FOR MORE INFORMATION
0490 386 396

Featuring
Momentum
Choir

- CHRISTMAS CAROLS WITH SOFARNO PERFORMERS
- ENJOY OUTSIDE WITH THE CIRCLE OF LIFE BEING THE STAGE
- BRING YOUR OWN WINE AND CHEESE
- PICNICS ARE WELCOMED
- FUDGE AVAILABLE ON SITE
- PARKING AT SWITH'S
- DOGS WELCOMED

Be still and know I am God...

Advent Quiet Morning

Tingalpa Pioneer Chapel

Saturday 14th December

9.00am – 12.30pm

Fr Sam and Fr Andrew invite you to join us in a shared morning of respite, calm and peace in the midst of busyness...
...to prepare our hearts for the wonder of Christmas.
Shared prayer, times of silence, guided reflection and optional gentle discussion.

RSVP Fr Andrew priest@stpaulsmanly.org
Coffee and Tea available.

Please bring something simple to share for morning tea.

YOU ARE INVITED TO CHRISTMAS CAROLS DECEMBER 8

KIDS ACTIVITIES
4.30PM

CAROLS
6.30 PM

BYO chairs/picnic dinner to eat while enjoying the carols.

Mossie spray.

'Tingalpa Uniting Church'

61 Belmont Rd

Tingalpa



Anglican
Church Wynnum

Scripture Readings: Advent One

Jeremiah 33:14-16; Psalm 25:1-10;
1 Thessalonians 3:9-13; Luke 21:25-36

Next Week: Advent Two

Malachi 3:1-4; Luke 1:68-79;
Philippians 1:3-11; Luke 3:1-6

For your prayers:

- ◆ The Province of the Episcopal Church of South Sudan
- ◆ The ongoing work of peace-making in Sudan & South Sudan
- ◆ The Anglican Church of Australia: †Geoff Smith
- ◆ The Parish of Goodna: Bronwyn Pagram
- ◆ Anglicare Australia: Kasy Chambers & staff
- ◆ State Chaplaincy Board: The Reverend Sue Barker
- ◆ Yvonne, John, Coralie, Richard, Ann, Bruce, Judi, Brad, Stephen, J, J and J, Chloe and Family, Ines

A Prayer for the First Sunday of Advent

Father, let your hope arise in our hearts!

Lift our eyes up to see that you alone
are where our hope comes from.

Help us to shake off the anxiety, discouragements,
and distractions that have filled this year.

May we pause to remember that we have hope in you.
Give us the grace we need to wrap up this year joyfully.
We invite your Spirit into this beautiful Advent season.

Renew our sense of holy anticipation!

Let us be those who are waiting eagerly
for Jesus to come again.

More than anything, we ask that you be glorified
in this season of expectation.

Amen.

Source: <https://www.crosswalk.com/>

Some Men's Business too.

A good catch up with Fr Andrew, Mark and Chris at the aptly named 3 Musketeers café in Lota for a refreshing beverage, a wee snack and some great conversation. It's all about connecting and supporting each other in relationship. There are many more cuppas to be had here we suspect. Fr Andrew loves a chat so let's organise one with you soon.



Bush Ministry Fund Collection 8th December

Sandra Davis writes: For those of you who support our Bush Ministry Fund each year, the closing date for collection of your money box or cash donation will be Sunday, 8th December.

Established in 1998, the BMF provides support for clergy and parishes in the western region of Southern Queensland. St. Paul's has supported this valuable ministry since its start in 1998.



Thanks to those who have already handed in their boxes. We will include BMF in our prayers next week too!

What's On

This week

Monday 9.30 EM Tooth Worship Service, Activities Room
Tuesday 9.30 Bible Reflection and Discussion in the Chapel
Wednesday E M Tooth Residents and Family Christmas Lunch—Volunteers welcome
7.30 Wynnum Men's Fellowship Group
Thursday 9.30am Tatters and Chatters Christmas Break Up
Saturday 7th Early—11am Car Boot Sale, Carindale
Saturday 5pm Tingalpa Pioneer Chapel Carols 5pm
Sunday 9.30 Advent 2 Parish Eucharist, Lota House Chapel
Sunday 4.30pm Tingalpa Uniting Church Carols

Coming up

December 9th Pete's Pantry Christmas Lunch 12pm
December 9th Blue Christmas @ St Peter's
December 10th TREErific set up
December 11th TREErific @ St Peters begins
December 14th Advent Quiet Morning at Tingalpa Pioneer Chapel

Please let Fr Andrew know of any upcoming events.

Support our Ministry

Bank: Anglican Financial Services
Account: Manly Anglican Parish
BSB: 704-901 Account #:00000690
Reference: 'offering'





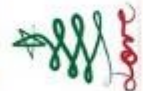



















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Parish of Manly
Anglican
Church Southern Queensland



Advent and Christmas Opportunities December 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st ADVENT ONE Blessing of Nativity Sets and launch of the Giving Tree 	2nd Light a candle and pray for peace 	3rd Bible Discussion and Reflection in the Chapel 9.30am 	4th E M Tooth Residents and Families Christmas Lunch 	5th Tatters and Chatters in the Parlour 9.30am 	6th Pray for students, staff and families as the school year ends 	7th Car Boot Sale Carindale Early to 11 am Tingalpa Pioneer Chapel Christmas Carols 5-7pm
8th ADVENT TWO Tingalpa Christmas Carols @ Tingalpa Uniting Church 4.30pm 	9th Pete's Pantry Christmas Lunch 12pm Blue Christmas Service @ St Peter's 6pm 	10th Bible Discussion and Reflection in the Chapel 9.30am 	11th TREErific @ St Peters begins 	12th Pray for travellers away from those they love... 	13th State Schools last Day of Term 	14th Quiet Morning @ Tingalpa Pioneer Chapel 9-12.30pm 
15th ADVENT THREE Parish Christmas Shared Lunch 	16th Help an agency assisting people struggling this time of year 	17th Bible Discussion and Reflection in the Chapel 9.30am 	18th Pray for families who are separated due to conflict or work 	19th Buy something extra for Pete's Pantry 	20th Pray for peace in the Holy Land 	21st Bayside Carols Wynnum Manly Bayside Park 2pm 
22nd ADVENT FOUR Joint E M Tooth and St Paul's Carols with Bayside Brass 2pm Nine Lessons and Carols @ St Peter's 6pm 	23rd Reach out to people who will spend Christmas alone 	24th CHRISTMAS EVE All Age Family Service @the Chapel 5pm Midnight Mass @St Peter's 11.30pm 	25th CHRISTMAS DAY St Paul's Eucharist @ the Chapel 9.30am 	26th St STEPHEN'S DAY Pray for those who need a break after serving others 	May you have a blessed Advent as you prepare to celebrate the coming of the Christ Child. 