



ST PAUL'S ANGLICAN COMMUNITY, MANLY
6th October 2024

ST PAUL'S NEWS

JESUS CHRIST | SPIRITUALITY | COMMUNION | TRADITION

WELCOME

At St Paul's "we love because God first loved us" (1 Jn. 4:19).

We believe in the inherent goodness of all people - that the divine dwells at the heart of all living things. We believe the whole world is sacred and so we seek to celebrate God's presence among us with joy.

As such, we are committed to the spiritual growth and wellbeing of all who seek a place to belong.

St Paul's is an inclusive church, welcoming all and offering equal opportunities for those seeking an authentic spiritual community.

Rev Andrew Cooper - Parish Priest

Contacts

PARISH PRIEST

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COMMUNITY COORDINATOR

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We acknowledge the traditional custodians of this land, the Quandamooka people and their elders past, present and emerging. We honour the connection the traditional custodians have with this land.



- Vale Michael Clifford
- An Episco-pup
- The Vicar's Voice
- Cancer Care update

See Ya Seaside... For Now!



We bid farewell to Sunday Sunset Stare at the Sea... for the time being. Paul and Ailsa Gill, Erica Byrne, Nick and Jen Crisp and Fr Josh Nash joined Fr Andrew for our final seaside session last Sunday. We rejoice in all the folk who have joined us over the weeks.

This Season of Creation special series has been an inspiring time of slowing down, allowing space to just be in God's wonderful creation and notice things. Noticing is a bit of gift. Our staring at the sea.... and gazing at the garden... is a pretty precious thing when we can be aware of detail that we miss in the normal hustle and bustle of things. We enjoyed the sense that God is often in the hidden detail. In the glint of light on the crest of a wave... in the soft velvet fuzz of the underside of a leaf... in the bright gust of wind and the gentle breeze.... and in the ever changing yet ever constant ebb and flow of the tides. We can do this any time but its great to share it !

We pondered profound questions of life, the universe and everything. We raised questions and dared to dream about the infinite possibility of God. All big stuff in what seems very simple on the surface... gathering, quietening, watching , listening ... and sharing thoughts and a refreshing beverage.

Watch this space for regular offerings inspired by Staring at the Sea.

St Paul's Anglican Community, Manly gathers for worship every Sunday at 9.30am in the Chapel, Lota House 162 Oceana Terrace, Lota.
We welcome you!

Community Matters

A Tribute to Michael Clifford

Mark Austin offered these beautiful thoughts at the funeral of former parishioner, Michael Clifford.

Greetings from the congregation of St Paul's, Manly, Queensland. My name is Mark, a member of the parish council of St Paul's and I'm here today representing the people of our parish. Thank you for this opportunity to speak at Michael's memorial.



As many of you will know Michael and Barbara lived in Manly for many years and were staunch supporters of the Anglican Church there. There was not an event or activity that went by without their involvement in one way or another. If there was cleaning, mowing or gardening to be done their names would be at the top of volunteers list.

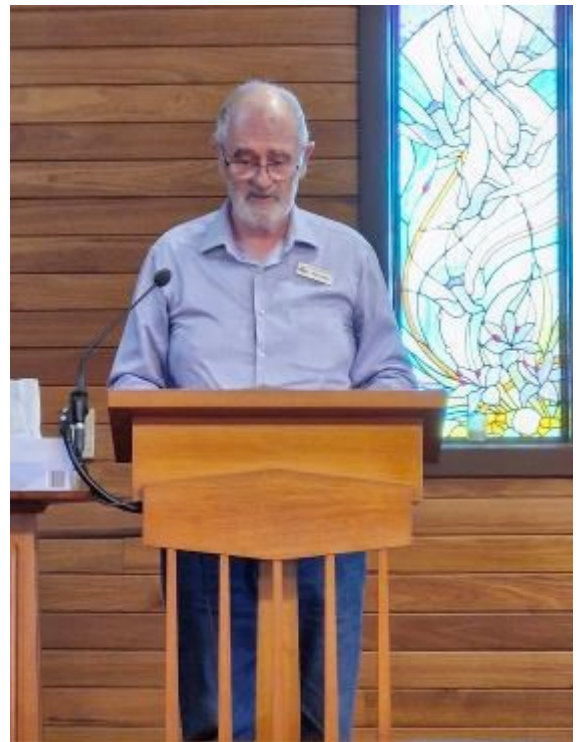
Michael was a big man in many senses of the word. Tall in stature with a heart to match and he would always offer to help with any heavy work to be done, particularly maintenance on the church and hall buildings. His energy and ingenuity seemed to know no bounds.

On one memorable occasion he was working on the church roof, before the days of workplace health and safety concerns I might add so no safety harness or helmet, and the inevitable happened. Luckily no serious injuries were reported. Actually it's not as dramatic as it sounds, the church roof slopes down to within a couple of metres from the ground.

In later years Michael was a resident at Janoah Gardens in Manly West and I was able to visit him on many occasions. I was careful not to get into playing chess with him as I knew he would wipe me off the board! We chatted about many things, his life in Africa, the news from St Paul's and how he missed Barbara among them.

I consider it a privilege to have been a part of Michael's life. The folk at St Paul's were saddened, as was I, to hear of his passing but we are sure in the knowledge that he will be resting in the arms of God.

Well done, good and faithful servant. May he rest in peace, and rise again in glory.



The Vicar's Voice

It's been a big week juggling some complicated people and process stuff in the midst of meetings and chats and listening and of course having an opinion or two. Of course, that is the nature of parish ministry... its great privilege and its great challenge. I've been really grateful for some of the anchor points of the week... our regular Tuesday bible reflection, discussion and prayer... for wise advice and steady listening with your wardens... for moments of laughter and sharing and gentle play at Tatters and Chatters... for unexpected but welcome visitors... for cuppas and chats... and for moments of trusting vulnerability and deeply personal prayer.

I had the chance to catch up with **Bishop John, our Regional Bishop** over a coffee. While I struggled to pay attention given the warm, wriggly, furry presence of the episcopal pup, Poppy, it was great to share how we are going here at St Paul's and rejoice in the many ways our small but mighty community engages with life and ministry. Bishop John appreciates our newsletter each week and reading of the many activities... dare I say one of the best newsletters of the region.... But he also reflected back the deeper things... the sense of joy and support and the capacity to BE not just DO that are reflected in the faces in the pictures we always include. It was encouraging not just to focus on the list of practical things we had to talk about but to also consider the holy things... the touch of the sacred among us.

It was also time for a regular catch up with **Stephen Harrison, Director of Mission, Research and Advocacy at Anglicare SQ**. Stephen also has a keen interest in more than the minutiae of MOU's, property developments and organisational tasks. He has a real concern for us as a community of faith and how we are connecting and enriching the lives of the residents of E M Tooth.

We met at the Anglicare head office in Fortitude Valley, where despite the awesome view over the Brisbane River and the City, a heap of really creative and capable folk work hard to ensure the smooth running of a very complex web of social welfare and community service projects and organisations. I was fascinated to see the photo montage that reflects the breadth of what Anglicare does... and was touched to see the bicycle of one of the earliest Mothers Union home nursing sisters from Christ Church Milton proudly on display in recognition to the simple but life changing efforts that have led us to where we are today.

I'm looking forward to the best Sunday of the year... no, not Easter Sunday, silly.... puppies and pets in church for St Francis Day!!!!

Blessings on your head in the week to come. Andrew



Above: Fr Andrew, Bishop John and the wonderful Poppie wishing us well as we head into St Francis Day and our Pet Blessing Service this Sunday. No pooch unsmoothed!



Above: With Stephen Harrison at Anglicare's head office in Fortitude Valley showcasing the bicycle that enabled so many caring home nursing visits.

An update on Vivien's Battle with Cancer

St Paul's Parishioner Craig Lawrence continues to lead a GoFundMe effort for the 17yo daughter of a Solomon Islands friend. Vivien is receiving the next phase of treatment for Hodgkins Lymphoma in the Philippines because it is not available in the Solomons. The latest stage of her fight involves stem cell transplantation.

Since the last update, Vivien has now completed 4 cycles of chemotherapy. She was scheduled to have a PET scan on Monday, 30 September. The PET scan results will determine the types of drugs and dosage for further chemo if it is still required.

Vivien is doing very well both mentally and physically, despite the rigorous rounds of chemotherapy she has undergone so far. Vivien thanks all of you who have contributed through the donation funds and your prayers so far. She hopes to complete all the treatment this year to return to school in 2025.

Your prayers and support at this time would be greatly appreciated. You can use this link to donate and to read more about her journey to wellness. Have a chat to Craig about how Vivien and her family are managing through this tough process.

<https://www.gofundme.com/f/donate-to-help-vivien-beat-hodgkin-lymphoma>





TINGALPA PIONEERS
CHAPEL AND CEMETERY

**DECORATING
DAY**

WORKING BEE EVENT

12 OCT 24
8:30 TILL 10:30AM
1341 WYNNUM RD
PARKING AT SMITHS CHIPS

To celebrate our carers for the graves, **Guardians and Angels**, we are bringing together the community for a fun packed Working Bee. Bring a plate to share or your own picnic and enjoy some gardening, chats while learning about our history. Light Refreshments will be provided along with live music. Kids activity area and picnic zones. Craft stall with sale of cakes available.

Bring your gloves and hat

Coffee, tea and water will be provided. Sale of cold drinks and nibbles on the day

Parking at Smith Chip, next door to chapel on Wynnum rd. For more details please send to RSVP contact Donna on 0499 386 396



St Francis' Day Blessing of the Animals

The Chapel @ Lota House
Sunday 6th October 9.30 am

A special event to give thanks and bless all our animal friends. Furry, feathered scaly and wriggly. No animal too large or small, too boisterous or too shy to bless. You can bring a photo or favourite stuffed animal if you prefer.




IN THE STEPS OF ST FRANCIS AND ST CLARE
A pilgrimage through
Italy

25 APRIL - 16 MAY 2025

This pilgrimage is a unique opportunity to visit sites important in the lives of St Francis and St Clare of Assisi. You will visit well-known places in Italy, and travel to other, less-visited sites. This comprehensive pilgrimage includes seven days in Assisi.

A previous participant, Rev Brian Hamilton TSSF, commented:
"The fortunate people on the next pilgrimage are in for a treat. The leaders were superb in the depth of their knowledge of places and background on St Francis and St Clare. I felt we were in good hands the whole time. It was an exceptional experience".

The pilgrimage is arranged in association with Tours International (UK) a very reliable and experienced company.

The Leaders:
Archbishop (Emeritus) Sir David Moxon, Chaplain,
Rev John Hornblow and Dr. Jenny Boyack.

The investment:
The fee for the 21 day pilgrimage is £3950

Keen to Register?
Visit: www.pilgrimagenz.nz for a full itinerary (available from June 2024), other details and a registration form.
Or Email: JennyJohnhornblow@gmail.com
Or Call (+64) 021 437 566



**MEN'S WELLNESS
FORUM**

**SATURDAY
OCTOBER 19TH - 2024**

This FREE forum is hosted by the Anglican Men's Society and is open to all men who would like to become more aware of their health needs—mentally, physically, and holistically.

Guest Speakers: Beyond Blue, Walk and Talk, & R U OK? Q&A Session
Morning Tea Provided

**ASKING FOR
HELP
IS OK**

Location: 43 Park Rd, Deception Bay
Date: Saturday, October 19th, 2024
Time: 9:30am - 12:00pm

Register for your FREE ticket by using the QR Code.
Alternatively call Trevor on 0421 901 737 or email thursdey@gmail.com

PROUDLY SPONSORED BY:
DECEPTION BAY NEIGHBOURHOOD CENTRE & CHRIS WHITING MP



Some interesting offerings. Isobel and Chris recommend the tour operators for the Italy Trip and Nick shares the Men's Forum from the Men's Fellowship Group network

Scripture Readings This Week

St Francis Day Readings: Psalm 148:7-14;
Galatians 6:14-18; Matthew 11:25-30

Next Week:

Amos 5:6-7, 10-15; Psalm 90:12-17;
Hebrews 4:12-16; Mark 10:17-31

For your prayers:

- ◆ The Diocese of Juba – Province of the Episcopal Church of South Sudan
- ◆ The Diocese of Brisbane
- ◆ The Parish of Waterloo Bay
- ◆ Retired clergy in the Diocese
- ◆ Hillbrook Anglican School, Enoggera
- ◆ Yvonne, John, Coralie, Richard, Ann, Bruce, Judi, Brad, Stephen, J and J

A Prayer for Animals

Hear our humble prayer, O God, for our friends the animals, especially for animals who are suffering; for animals that are overworked, underfed and cruelly treated; for all wistful creatures in captivity that beat their wings against bars; for any that are hunted or lost or deserted or frightened or hungry; for all that must be put death.

We entreat for them all Thy mercy and pity, and for those who deal with them we ask a heart of compassion and gentle hands and kindly words.

Make us, ourselves, to be true friends to animals, and so to share the blessings of the merciful.

From: <http://home.pcisys.net/~jnf/prayer.html>

What's On

This week

Monday 10.30 EM Tooth Community Worship, Activities Room

Monday 7.15 pm Parish Council Meeting

Tuesday 9.30 Bible Reflection in the Chapel

Wednesday 7.30 Wynnum Men's Fellowship Group
St Peter's Hall, Wynnum

Saturday 8.30am Tingalpa Pioneer Chapel Working Bee

Saturday 10.30 Cursillo

Sunday 9.30 Parish Eucharist, Lota House Chapel 9.30am

Coming up

October 17th Tatters and Chatters 9.30am

October 22nd MU AGM and Meeting 9.30am

October 23rd Men's Fellowship Thai feed

October 27th Parish Council Planning Day @ Lota House

Please let Fr Andrew know of any upcoming events.

Heidi's Hi From our Community Coordinator

Heidi continues to have her own small Holy Pause this week to spend time with the family. We wrap her in a blanket of love and prayer as she takes some well earned down time. We think she might like this reflection...



The Gift of Deep Listening

Kay Lindahl, an author and founder of The Listening Center, writes of the inherently sacred nature of reflective listening:

Perhaps one of the most precious and powerful gifts we can give another person is to really listen to them, to listen with quiet, fascinated attention, with our whole being, fully present. This sounds simple, but if we are honest with ourselves, we do not often listen to each other so completely.

Listening is a creative force. Something quite wonderful occurs when we are listened to fully. We expand, ideas come to life and grow, we remember who we are. Some speak of this force as a creative fountain within us that springs forth; others call it the inner spirit, intelligence, true self. Whatever this force is called, it shrivels up when we are not listened to and it thrives when we are.

The way we listen can actually allow the other person to bring forth what is true and alive to them. Sometimes we have to do a lot of listening before the fountain is replenished. . . . Patience is required to listen to such a person long enough for them to get to their center point of tranquility and peace. The results of such listening are extraordinary. Some would call them miracles.

Listening well takes time, skill, and a readiness to slow down, to let go of expectations, judgments, boredom, self-assertiveness, defensiveness. I've noticed that when people experience the depth of being listened to like this, they also begin to listen to others in the same way.

Source: <https://cac.org/daily-meditations/the-gift-of-deep-listening-2022-07-27/>

Support our Ministry

Bank: Anglican Financial Services

Account: Manly Anglican Parish

BSB: 704-901 Account #:00000690

Reference: 'offering'

www.stpaulsmanly.org

Parish of Manly
Anglican
Church Southern Queensland