



ST PAUL'S ANGLICAN COMMUNITY, MANLY
29th September 2024

ST PAUL'S NEWS

JESUS CHRIST | SPIRITUALITY | COMMUNION | TRADITION

WELCOME

At St Paul's "we love because God first loved us" (1 Jn. 4:19).

We believe in the inherent goodness of all people - that the divine dwells at the heart of all living things. We believe the whole world is sacred and so we seek to celebrate God's presence among us with joy.

As such, we are committed to the spiritual growth and wellbeing of all who seek a place to belong.

St Paul's is an inclusive church, welcoming all and offering equal opportunities for those seeking an authentic spiritual community.

Rev Andrew Cooper - Parish Priest

Contacts

PARISH PRIEST

Rev Andrew Cooper
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priest@stpaulsmanly.org

COMMUNITY COORDINATOR

E.M. Tooth Memorial Home Liaison

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PEOPLE'S WARDEN

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www.stpaulsmanly.org



We acknowledge the traditional custodians of this land, the Quandamooka people and their elders past, present and emerging. We honour the connection the traditional custodians have with this land.



- Addressing Elder Abuse
- Tips to protect yourself
- The Vicar's Voice
- Lots of things coming up!

Engaged And Active At Any Age



Longtime MU member, St Paul's parishioner and EM Tooth resident Ann Stannard proves that you can be an advocate and activist at any stage of life.

Ann instigated the proposal to approach her daughter Amanda to organise initial contact with Detective Senior Sergeant Debbie Phillips, State Disability and Elder Abuse Coordinator for the Queensland Police Service. This week, Manly Wynnum MU hosted a very important and useful workshop to hear all about Debbie's work with the Queensland Police Service responding to the growing problem of Elder Abuse and some practical ways we can protect ourselves and those we love. **More overleaf.**

St Paul's Anglican Community, Manly gathers for worship every Sunday at 9.30am in the Chapel, Lota House 162 Oceana Terrace, Lota. We welcome you!

Community Matters



DISABILITY & ELDER ABUSE

Living free from violence is everyone's right and reducing violence is everyone's responsibility.

Disability and Elder Abuse Team | Disability&elderabuse.statecoordepolice.qld.gov.au

State Domestic Family Violence & Vulnerable Persons Unit



What is Elder Abuse?

If an older person is being harmed in some way by a person they trust, that's elder abuse. It is common for elder abuse to be experienced at home, in places visited regularly, or where services or care are accessed. It is not uncommon for elder abuse to remain unreported, hidden and even unsuspected.

For example:

- Intimidation, humiliation or harassment
- Assaulting or restraining someone
- Causing fear by threatening to hurt a pet or break belongings
- Unwanted sexual behaviour
- Threatening eviction or moving to a nursing home
- Blocking contact with family or friends
- Disallowing autonomous decisions
- Selling belongings without permission
- Misusing an Enduring Power of Attorney by taking money or property improperly
- Forcing WILL change
- Denying access or control of funds
- Disallowing help services
- Neglecting physical, medical or emotional needs.

Almost all cases of abuse in close or intimate relationships occurs within family relationships (95%). Sons and daughters (including in-laws) were almost equally reported as perpetrators, together accounting for close to three-quarters of cases (71.1%). Spouses or partners were recorded as perpetrators in 12.3 per cent of cases.

These are criminal offences and charges can be made under at least nine sections of the criminal code.

Many cases are unreported as the person does not want to get a family member in trouble or fears retaliation from the abuser. There may be loss of access to grandchildren, a deep sense of shame or fear of loss of support or independence or of being put in care. Often it's a lack of knowledge of how to help.

Source: Detective Senior Sergeant Debbie Phillips



Manly Wynnum MU President Ailsa with Diocesan President Jenny Bullock, Councillor Alex Givney, MP Joan Pease and Detective Senior Sergeant Debbie Phillips



"Elder abuse is a single, or repeated act, or lack of appropriate action, occurring within any relationship where there is an expectation of trust, which causes harm or distress to an older person." World Health Organisation



TIPS TO PROTECT YOURSELF FROM ELDER ABUSE

1

Stay in touch with friends and keep socially active for as long as possible.

2

Maintain contact with service providers such as your general practitioner.

3

Avoid making important decisions after major life changes.

4

Seek independent advice before making any changes to your financial or living arrangements.

5

If you are feeling pressured to make a decision or sign a document, stop, wait and seek advice.

6

Manage your affairs yourself for as long as possible

7

Ensure you have a valid Enduring Power of Attorney and Will

8

Consider preparing an Advanced Health Care Directive, which outlines your wishes regarding your future health care, should you become unable to make your own decisions

9

Re-evaluate who is the best person to support you

HELP IS AVAILABLE

We encourage everyone to speak up and seek support if you need assistance. Remember it is unlikely that Elder Abuse will stop unless something is done

- 131 444 Police link
- 000 Emergency assistance
- QPS Elder Abuse [Elder abuse | QPS \(police.qld.gov.au\)](https://www.police.qld.gov.au/elder-abuse)
- Qld Govt Elder Abuse [Elder abuse | Seniors | Queensland Government \(www.qld.gov.au\)](https://www.qld.gov.au/elder-abuse)
- 16 Referenced Support services, including Seniors Enquiry Line

The Vicar's Voice

Another productive week in the mission field. Many thanks to Nick and Jen Crisp and Mark Austin for doing the lifting, smiling and actual selling at the St Paul's stall at the St Peter's Car Boot Sale while I sat around, pointed and chatted. A worthwhile morning with good financial returns as well as the community connection.

A big moment was leading prayer and pushing tech buttons for the MU team at the excellent workshop on Elder Abuse on Tuesday. The presentation by Debbie was very well received by members and visitors alike. The smiling faces in the pictures attest to the hopeful and helpful nature of the morning despite the very serious issues.

On Thursday I gathered with other clergy at the monthly Deanery meeting, this time at the historic St Andrew's Church in Ormiston. I've often driven past but my first function in their neat wee hall. Good to catch up with the Area Dean Cameron and Fr Keith who is doing assisting locum work in Cleveland parish.

Earlier that day I had the opportunity to go to the Rosies Office at Murrarie to meet with their chaplain Fr Josh Nash OMI. Fr Josh is also parttime chaplain at Iona College. I had the chance to learn a little more about his role with Rosies and their wonderful service to people experiencing homelessness or struggling here in the Bayside. It didn't take long for us to find connections and do a bit of dreaming about how we may work in partnership in the future. We both started around the same time so enjoying building up our knowledge of life here at the edge of the sea. **Blessings on your head. Andrew**





TO HOPE AND ACT WITH CREATION

SEASON OF CREATION 2024

The firstfruits of hope
(Rom 8:19-25)

Sunday Stare at the Sea
Lota Foreshore Park @ 4.30pm
Sunday 1st, 15th, 22nd and 29th September

Gaze at the Garden

Bethania Community Garden, Lota
Sunday 8th September @4.30 pm

Short creation centred reflection
and prayer followed by
a glass of something refreshing and nibbles.

Bring your refreshments, a folding chair
and appropriate clothing

Contact Fr Andrew
priest@stpaulsmanly.org

The Season of Creation is a time to renew our relationship with our
Creator and all creation through celebration, conversion, and
commitment together.



St Francis' Day Blessing of the Animals

The Chapel @ Lota House
Sunday 6th October 9.30 am

A special event to give thanks and bless all
our animal friends. Furry, feathered scaly and
wriggly. No animal too large or small, too
boisterous or too shy to bless. You can bring a
photo or favourite stuffed animal if you prefer.



**TO HOPE AND ACT
WITH CREATION**
SEASON OF CREATION 2024



MEN'S WELLNESS FORUM

**SATURDAY
OCTOBER 19TH - 2024**



This FREE forum is hosted by the Anglican Men's Society
and is open to all men who would like to become more
aware of their health needs—mentally, physically, and
holistically.

Guest Speakers: Beyond Blue, Walk and Talk, & R U OK?
Q&A Session
Morning Tea Provided



**ASKING FOR
HELP
IS OK**

Location: 43 Park Rd, Deception Bay
Date: Saturday, October 19th, 2024
Time: 9:30am - 12:00pm

Register for your FREE ticket by using the
QR Code.
Alternatively call Trevor on 0421 901 737
or email thursdey@gmail.com

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SPONSORED BY:
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CENTRE & CHRIS
WHITING MP



Some interesting offerings. Isobel and Chris recommend the
tour operators for the Italy Trip and Nick shares the Men's
Forum from the Men's Fellowship Group network

IN THE STEPS OF ST FRANCIS AND ST CLARE
A pilgrimage through
Italy

25 APRIL - 16 MAY 2025

This pilgrimage is a unique opportunity to visit sites important in the lives of St Francis and St Clare of Assisi. You will visit well-known places in Italy, and travel to other, less-visited sites. This comprehensive pilgrimage includes seven days in Assisi.

A previous participant, Rev Brian Hamilton TSSF, commented:
"The fortunate people on the next pilgrimage are in for a treat. The leaders were superb in the depth of their knowledge of places and background on St Francis and St Clare. I felt we were in good hands the whole time. It was an exceptional experience".

The pilgrimage is arranged in association with Tours International (UK) a very reliable and experienced company.

The Leaders:
Archbishop (Emeritus) Sir David Moxon, Chaplain.
Rev John Hornblow and Dr. Jenny Boyack.

The investment:
The fee for the 21 day pilgrimage is £3950

Keen to Register?
Visit: www.pilgrimagenz.nz for a full itinerary (available from June 2024), other details and a registration form.
Or Email: jennyjohnhornblow@gmail.com
Or Call (+64) 021 437 566

Pilgrimage Hosts **Pilgrimage Chaplain**

Scripture Readings This Week

Numbers 11:4-6, 10-16, 24-29; Psalm 19:7-14;
James 5:13-20; Mark 9:38-50

Next Week:

St Francis Day Readings: Psalm 148:7-14;
Galatians 6:14-18; Matthew 11:25-30

For your prayers:

- ◆ The Anglican Church of Papua New Guinea
- ◆ The Diocese of Bendigo
- ◆ The Parish of Warwick
- ◆ Director of Discernment and Formation: Michael Stalley, Ray Clifton & Prue Conaghan
- ◆ Fraser Coast Anglican College, Hervey Bay
- ◆ Yvonne, John, Coralie, Richard, Ann, Bruce, Judi, Brad, Stephen, J and J

Gratitude for completion of treatment for Kim

A Prayer for Peace in the Middle East

God of mercy and compassion, of grace and reconciliation, pour your power upon all your children in the Middle East: Jews, Muslims and Christians, Palestinians and Israelis. Let hatred be turned into love, fear to trust, despair to hope, oppression to freedom, occupation to liberation, that violent encounters may be replaced by loving embraces, and peace and justice could be experienced by all.

Reverend Said Ailabouni

What's On

This week

Monday 10.30 EM Tooth Community Worship, Activities Room

Tuesday 9.30 Bible Reflection in the Chapel

Wednesday 7.30 Wynnum Men's Fellowship Group
St Peter's Hall, Wynnum

Thursday 9.30 Tatters and Chatter in the Parlour

Saturday Early-11am Car Boot Sale, Meadowlands Rd, Carina

Sunday 9.30 St Francis Day Pet Blessing and Parish Eucharist,
Lota House Chapel 9.30am

Sunday 4.30 Final Stare at The Sea SoC reflection, Lota Park

Coming up

October 7th Parish Council Meeting

October 12th Cursillo 10.30am

October 12th Tingalpa Pioneer Chapel Working Bee 8.30

October 17th Tatters and Chatters 9.30am

October 22nd MU AGM and Meeting 9.30am

October 23rd Men's Fellowship Thai feed

Please let Fr Andrew know of any upcoming events.

Heidi's Hi From our Community Coordinator

Heidi has been taking a well earned break over the school holidays to spend time with family and play with her animals. She still found time to send us a note!



Hello, everyone! As a pastoral carer, I want to take a moment to express how deeply I value the connections we share. Life can be a beautiful journey, but it also comes with its challenges.

I believe in the power of a listening ear. Sometimes, all we need is someone who will take the time to truly hear us. Whether you're facing a tough situation, seeking guidance, or simply need to share your thoughts.

Together, we can navigate the ups and downs of life. Remember, you are valued, and your feelings matter. Let's continue to support one another and foster a community of kindness and understanding.

Heidi



Here's a pic of Heidi's Henry at Stare at The Sea to brighten your day. We hope he comes to be blessed next week!!

Support our Ministry

Bank: Anglican Financial Services

Account: Manly Anglican Parish

BSB: 704-901 Account #:00000690

Reference: 'offering'

www.stpaulsmanly.org

Parish of Manly
Anglican
Church Southern Queensland



TINGALPA PIONEERS
CHAPEL AND CEMETERY

DECORATING DAY

WORKING BEE EVENT

12 OCT 24

8:30 TILL 10:30AM

1341 WYNNUM RD

PARKING AT SMITHS CHIPS

Bring your gloves and hat

Coffee, tea and water will be provided. Sale of cold drinks and raffles on the day

Parking at Smith Chip, next door to chapel on Wynnum rd.
For more details please and to
RSVP contact Donna on
0490 386 396

Long Links and Legacy at Tingalpa

Kay Voltz has some wonderful stories to share of generations of family connection with the Chapel at Tingalpa. Many other folk at St Paul's have strong memories and connections too. Fr Andrew will be attending this day to get to know the team better. He'd love company and they'd love the helping hands.