

## ST PAUL'S ANGLICAN COMMUNITY, MANLY 22nd September 2024

# ST PAUL'S NEWS

#### JESUS CHRIST | SPIRITUALITY | COMMUNION | TRADITION

## WELCOME

At St Paul's *"we love because God first loved us"* (1 Jn. 4:19).

We believe in the inherent goodness of all people - that the divine dwells at the heart of all living things. We believe the whole world is sacred and so we seek to celebrate God's presence among us with joy.

As such, we are committed to the spiritual growth and wellbeing of all who seek a place to belong.

St Paul's is an inclusive church, welcoming all and offering equal opportunities for those seeking an authentic spiritual community. Rev Andrew Cooper - Parish Priest

#### Contacts

PARISH PRIEST Rev Andrew Cooper 0447 409 188 priest@stpaulsmanly.org

**COMMUNITY COORDINATOR E.M. Tooth Memorial Home Liaison** Ms. Heidi Frier 0459 968 616

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www.stpaulsmanly.org



We acknowledge the traditional custodians of this land, the Quandamooka people and their elders past, present and emerging. We honour the connection the traditional custodians have with this land.



- Stare at the Sea... again
- Familiar Faces say hello
- E M Tooth Service of Remembrance
- The Vicar's Voice Pete's Pantry

# **Contemplating Creation**



Braving a brisk wind and dancing kites in the hands of small children, our contemplative crew savoured the holy pause at our Season of Creation Stare at the Sea opportunity last Sunday. We managed to bag the shelter of a shed right next to the water's edge and delighted in the awesome skill and determination of the Kite Surfers out on the Bay. Special permission was given to go "Ooh" and "Aah" as the jumps, mid air turns and racing along the waves certainly impressed. We were captured by the beauty of the white spray, the skill of folk and the fact that our windy discomfort was someone else's pure joy.

As always, an invitation offered... details and more pics inside.

St Paul's Anglican Community, Manly gathers for worship every Sunday at 9.30am in the Chapel, Lota House 162 Oceana Terrace, Lota. We welcome you!

# **Community Matters**

## **E M Tooth Service of Remembrance**

Tuesday the 17<sup>th</sup> September was marked by the annual E M Tooth Service of Remembrance in the beautiful Chapel at Lota House. Coordinator of Spiritual and Pastoral Care at E M Tooth, Deb Stengert prepared and led a touching service for residents, families and staff to remember those they have loved and lost. This service is a special event in Anglicare residential care settings right across South East Queensland and beyond.

Deb gently invited us to share the special moments together and encouraged us as she led us in prayer and action. The service called on contributions from Facility Manager Suzette Scriven, volunteers Paul Garside and Lisa Hurwood and St Paul's volunteer Phyl Ramsay. Fr Andrew had the privilege of sharing some of the prayers and a few words of reflection about the hope and promise of God's continuing love during times of joy and times of loss and sadness. We were very grateful for our talented musician Bev Scmidt leading us in singing the beautiful hymns *"Abide with me"* and *"Amazing Grace"* and providing such grace-filled music for times of reflection and action.

Without a doubt the most precious time was the invitation for families, staff and friends to place a small candle to flicker warmly around a beautiful candle. Each candle represents a story, memory and expression of love for someone who has been cared for at E M Tooth or beyond. It was so touching to see family members come up together and the gentle assistance given for those who aren't as mobile.

At the end of the service the usual tasty morning tea was served with Deb's farewell prayer echoing in our hearts and minds.

> As we part and go our different ways it is our prayer that you will be given, each in your own way, the passion for living and loving, The courage for daring and hoping, the freedom for growing and changing, the freedom for growing and receiving, the capacity for giving and receiving, the humility for learning, The tenderness for understanding, the strength for enduring, the strength for enduring, the trust for believing and the grace and peace to continue life's journey. Amen

Right from top: Our gathering space; Lisa and Paul light and place candles of remembering; Suzette extends a welcome to all.







#### The Vicar's Voice

Another privileged week of walking alongside the people of God in Manly and district. I'm touched by the profound stories shared, moments of laughter and joy and the sharing of hopes, dreams and sometimes fears that bring a lump to the throat.

My inner pedant has been let fly as I worked with Rob Wilson to refresh our website. He gets to do the complicated techy stuff and I get to pester him with changes to content and annoying minor corrections... as if I actually had a handle on correct grammar. He plugs away at it with poise and grace... as did Heidi in managing my less than calm efforts to connect in to our church Facebook page. She persevered in spite of my grumpy face and exasperated sighs until we won!

I've signed up to give a hand at Pete's Pantry at St Peter's once a month, every third Wednesday morning. I feel it's a good way to support the work and connect with another part of our local community. I'm grateful for volunteer Kay who threw me in the deep end as I learnt to register clients on the data base and get my head around the different options for assistance. I was very impressed by the warm, uncomplicated way the volunteers welcome and assist each person who comes through the door. There were over 30 people today... some singles, some there for families or couples... nearly 60 people offered pantry staples, fresh fruit and vegetables, baked good and some treats. All for free. All donated.

I was humbled by the depth and variety of the interactions. No two people the same and all with various stories and life experiences. Some client interactions were short and sharp and others involved patient deep listening. I realised we may have been the only people some will speak to today.

I'm so impressed at the work of Marilyn and her team and I am so proud that St Paul's has this relationship of fraternal love and support. I can only manage one morning a month but I encourage all of you to continue to share the story to your family, friends and network. Check out their web page for how it works. https://www.stpetespantry.org.au/

> Blessings on your head and hearts Andrew





Pete's Pantry volunteers Terry and Kay with the newbie; and Bags of donated fresh vegetables and baked goods ready for distribution.



Feel the serenity!! Seriously serene seekers staring at the sea and seeing God's hand in all that is. God is indeed great!



# TO HOPE AND ACT WITH CREATION

SEASON OF CREATION 2024

The firstfruits of hope (Rom 8:19-25)

Sunday Stare at the Sea Lota Foreshore Park @ 4.30pm Sunday 1st, 15th, 22nd and 29th September Gaze at the Garden Bethania Community Garden, Lota Sunday 8th September @4.30 pm

Short creation centred reflection and prayer followed by a glass of something refreshing and nibbles.

Bring your refreshments, a folding chair and appropriate clothing

> Contact Fr Andrew priest@stpaulsmanly.org

The Season of Creation is a time to renew our relationship with our Creator and all creation through celebration, conversion, and commitment together.



# St Francis' Day Blessing of the Animals

## The Chapel @ Lota House Sunday 6th October 9.30 am

A special event to give thanks and bless all our animal friends. Furry, feathered scaly and wriggly. No animal too large or small, too boisterous or too shy to bless. You can bring a photo or favourite stuffed animal if you prefer.



#### **Familiar Faces**

Great to catch up with longtime St Paul's folk, Gloria Wilson and Bev Giles. Keeping the connection alive with Sandra and Phyl. Gloria and Bev both send their regards and prayers!





## **MOTHERS' UNION INVITATION**



## Tuesday 24th September LOTA HOUSE CHAPEL

162 Oceania Terrace, Lota

9.30 Prayer Service 10.15 Guest Speaker –Senior Sergeant Debbie Phillips Speaking on Elder Abuse 11.15 Morning Tea and fellowship

Senior Sergeant Debbie Phillips is the State Disability & Elder Abuse Coordinator from the Domestic, Family Violence and Vulnerable Persons Unit of Queensland Police.

Please contact Manly MU President to add your name to our list of attendees - Ailsa Gill ailsajgill@gmail.com.au

Scripture Readings This Week Jeremiah 11:18-20; Psalm 54; James 3:13 - 4:3, 7-8a; Mark 9:30-37

Numbers 11:4-6, 10-16, 24-29; Psalm 19:7-14; James 5:13-20; Mark 9:38-50

#### For your prayers:

- The Church of North India (United)
- The Diocese of Rockhampton
- The Parish of Stanthorpe
- Ecumenical Tertiary Chaplaincy
- St John's College UQ
- Kim, Yvonne, John, Coralie, Richard, Ann, Bruce, Judi, Brad

#### **A Prayer**

#### for Those Experiencing Elder Abuse

Most loving God, We pray for those who are experiencing elder abuse in our families, congregation, and community.

May they know that they are not alone. May they know that they do not deserve to be isolated or exploited.

May they know that they are loved. May they know that we are here to help. We pray for justice for all individuals, families, congregations, and communities that are harmed by elder abuse. **AMEN** 

Source: https://eldermistreatment.usc.edu/

# what's On

#### This week

Monday 10.30 EM Tooth Community Worship, Activities Room

**Tuesday 9.30** MU Eucharist and Guest Speaker "Elder Abuse"

Wednesday 7.30 Wynnum Men's Fellowship Group St Peter's Hall, Wynnum

Sunday 9.30 Parish Eucharist, Lota House Chapel 9.30am Sunday 4.30 Stare at The Sea SoC reflection, Lota Park

#### Coming up

October 3rd Tatters and Chatters 9.30am October 5th Car Boot Sale, Meadowlands Rd, Carina October 6th St Francis Day Pet Blessing October 7th Parish Council Meeting October 12th Cursillo 10.30am October 12th Tingalpa Pioneer Chapel working Bee 8.30 October 17th Tatters and Chatters 9.30am October 22nd MU AGM and Meeting 9.30am

Please let Fr Andrew know of any upcoming events.

## Heidi's Hi From our Community Coordinator

A favorite poem of mine, written by John Keats (1795-1821). Keats's poetry often explores themes of love, mortality, and the transient nature of beauty. As we embrace the beauty and renewal of spring, let's take a



moment to reflect on the words of Keats in his poem.

#### To Spring, written in 1817.

O thou who passest thro' our vallies in Thy Chariot of the Sun! Thy Chariot of the Sun! The golden light that thou dost bring To every flower and every tree, Is like the joy that thou dost bring To every heart that loves thee.

Thou art the spirit of the earth, The breath of life, the pulse of mirth; The joy of youth, the hope of age, The light of love, the golden page Of every heart that beats for thee, O Spring! O Spring! Thou art the joy of every heart, The light of love, the golden page Of every heart that beats for thee.

As we witness the blossoming flowers and the return of warmth, let us remember the beauty that spring brings into our lives.

#### Heidí



Support our Ministry Bank: Anglican Financial Services Account: Manly Anglican Parish BSB: 704-901

#### www.stpaulsmanly.org





# Sound of States Concert 2024 Sunday 22nd September at 4.00pm

#### Wynnum Christian Community Church Hall 161 Preston Rd, Manly West

Mark Austin, the bloke with the tuba, writes: Join Bayside Brass, the 2023 C-Grade State Champions for an afternoon of live music as we perform our selection for the upcoming Queensland State Brass Band Championships to be held on the first weekend of October in Maryborough.

Music will include:

- Hymn: Lord of All Hopefulness (Slane) Arr. by Rebecca Lindberg
- Test Piece: Glasshouse Sketches by Barrie Gott
- Stage March: The Jaguar by Goff Richards
- Major Work (own choice): Viking Age by Thierry Deleruyelle

We also have three soloists who will battle it out to decide who will compete at the Slow Melody Solo Competition while in Maryborough! Only one player per band can enter, who will it be?

To help cover the costs of hall hire, we're kindly asking for a gold coin donation at the door.

We thank you for your support!

