

# ST PAUL'S NEWS

JESUS CHRIST | SPIRITUALITY | COMMUNION | TRADITION

## WELCOME

At St Paul's "we love because God first loved us" (1 Jn. 4:19). We believe in the inherent goodness of all people - that the divine dwells at the heart of all living things. We believe the whole world is sacred and so we seek to celebrate God's presence among us with joy.

As such, we are committed to the spiritual growth and wellbeing of all who seek a place to belong. St Paul's is an inclusive church, welcoming all and offering equal opportunities for those seeking an authentic spiritual community.

Fr Daniel Hobbs - Parish Priest

## Contacts

### PARISH PRIEST

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### WARDENS

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## Pastoral Message

Thank you to all those who led and participated in our ministries during my leave in July. My annual leave and clergy retreat were restful and meaningful. I deeply appreciate the space and opportunity.

I was blessed with a unique experience during this time. Our clergy retreat at Santa Teresa Spirituality Centre came to a close on Friday morning. Only hours later I welcomed a group of Pace Community folk to the same beautiful place for their retreat. Shifting from retreatant to retreat leader in the same space within a matter of hours sparked a time of reflection on just how significant it is to retreat, how blessed we are to dedicate time to God and to be able to do so in such a gorgeous part of the world.

A retreat is an intentional time of 'withdrawal' from the pressures and patterns of routine life dedicated to the rest and renewal of one's spirit. A retreat is a time and space focused entirely on spiritual wellbeing and re-connecting with self and God, often guided by a theme. Our Pace retreat was centred on "Be Still". An experienced leader guides the retreat, offering a mix of input and time for personal reflection. There is time for rest, for reading, for reflection, for pondering and wondering.



## August Readings & Services

Sunday Holy Communion 8.30am

Sunday Lota House 10.30am

Tuesday Morning Prayer 8.30am

### Sunday 7th - Pentecost 9

Isaiah 1.1, 10-20

Ps. 50.1-8, 23-24

Hebrews 11.1-3, 8-16

Luke 12.32-40

### Sunday 14th - Pentecost 10

Isaiah 5.1-7

Ps. 80.1-2, 8-19

Hebrews 11.29-12.2

Luke 12.49-59

### Sunday 21st - Pentecost 11

Jeremiah 1.4-10

Ps. 71.1-6

Hebrews 12.18-29

Luke 13.10-17

### Sunday 28th - Pentecost 12

Jeremiah 2.4-13

Ps. 81.1, 10-16

Hebrews 13.1-8, 15-16

Luke 14.1-14



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Some retreats are over a weekend, some a week, some a month. Some retreats are entirely silent, some have times of silence and some are not silent at all. It all depends of the purpose of the retreat and the needs of those taking time out. Our Pace friends were all a little anxious about being silent for two days but it did not take long to rest into the silence. Silence is perhaps one of the most beautiful gifts we can share with others - it binds and communicates, it does not separate or isolate. People who have shared their silence together are usually surprised to discover the degree of community that had formed in that time.

The first movement in prayer is a listening to God and the first condition for experiencing God is a quietening down, a becoming still in one's whole manner and attitude. From the stillness of one's bodily attitudes the mind is also stilled - an outward silence that grows inwards towards the heart. A retreat helps us to see the difficulty in prayer is not lack of time or physical conditions. It is that we rarely descend to the bottom of our hearts to remain there. In other words, we are seldom ourselves and hence seldom hear the still, small voice of calm. May we recapture the ancient and beautiful practice of retreat.

Pace e bene,  
Fr. Daniel+

## August Ministry & Notices

1st Parish Council 7.15pm

12th Anglican Schools Music Festival QPAC 7pm

13th Cursillo 10am speak with Jen

18th Tatters & Chatters Craft Group 9.30am

23rd Mothers Union Eucharist & Meeting 9.30am

## For Our Prayers

Please hold in prayer those who are unwell at this time or have asked for our prayers: David, Nancy, Veronica, Michael C, Gloria, Graham, Michael N, Gerald, Annie, Marie, Barry, Eddie, Joan, Shirley G, Glen, Shirley & Gordon, Shirley, Yvonne, Gayle & Lowie, Harline, Peter and Jean, David and Jody and Bev.

## Support our ministry

Bank: Anglican Financial Services

Account: Manly Anglican Parish

BSB: 704-901

Account #: 00000690

Reference: 'offering'

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### The Way of St Paul's

Jesus  
Spirituality  
Communion  
Tradition